

SCVAC LEAGUE – KENT DIVISIONS – 2024, TIMETABLE

		Track		Field			
Match 1	Norman Park	17th May	Host: Blackheath & Bromley				
	6:45 PM	400 W+60		6:45 PM	TJ W	PV M	DT W+60
	7:15 PM	400 M+60			(Sev, BrV)	(B&B)	(Camb)
	7:45 PM	3000 W		7:45 PM	LJ M+60		DT M
	8:30 PM	3000 M					
Match 2	Tonbridge	31st May	Host: Tonbridge AC				
	6:45 PM	200 W		6:45 PM	PV W	HJ M+60	JT M
	7:05 PM	200 M+60			(Pad W)	(Swan)	(Ton)
	7:25 PM	1500 W+60					
	8:05 PM	1500 M		8:00 PM			JT W+60
	8:45 PM	4x100 W					
	8:55 PM	4x100 M					
Match 3	Central Park, Dartford	14th June	Host: Dartford Harriers				
	6:45 PM	100 W+60		6:45 PM	LJ W+60	SP M+60	HT W+60
	7:15 PM	100 M			(Cen P)	(Dart)	(Bexley)
	7:45 PM	800 W					
	8:15 PM	800 M+60		8:00 PM	LJ M	SP W	HT M
	8:45 PM	4x100 W					
	8:55 PM	4x100 M					
Match 4	Sutcliffe Park	28th June	Host: Cambridge Harriers				
	6:45 PM	200 W+60		6:45 PM	PV W	HJ M	SP M
	7:15 PM	200 M			(B&B)	(Sev, BrV)	(Camb. H)
	7:45 PM	1500 W					
	8:15 PM	1500 M+60		8:00 PM			SP W+60
	8:45 PM	2000 Walk					JT M+60
	9:05 PM	2000 Walk M					
Match 5	Tonbridge	12th July	Host: Tonbridge AC				
	6:45 PM	400 W		6:45 PM	TJ W+60	HJ W	PV M
	7:05 PM	400 M			(Ton)	(M&M)	(Ton)
	7:25 PM	3000 W+60					(Bexley)
	8:10 PM	3000 M+60		8:00 PM	TJ M		HT W
	8:55 PM	4x400 W					
	9:15 PM	4x400 M					

Match 6	Central Park, Dartford	19th July	Host: Central Park AC					
	6:45 PM	800 W+60		6:45 PM	TJ M+60	HJ W+60	DT W	
	7:25 PM	800 M			(Cen P)	(M&M)	(Dart)	
	8:05 PM	100 W						
	8:25 PM	100 M+60		8:00 PM	LJ W		DT M+60	
	8:45 PM	4x200 W						
	9:05 PM	4X200 M						
<p>All W running events are for W35A,W35B,W50 and all M running events are for M35A,M35B,M50. All W field events are for W35,W50 and all M field events are for M35,M50. Events for W60 and M60 are shown separately on the timetable. 2000 Walk W is for W35,W50 and 2000 Walk M is for M35,M50. In relays there is one all age group. There will be four trials in all age groups in LJ and SP.</p>								