

<b>Athlete</b>	<b>April 2017</b>	<b>May 2017</b>	<b>June 2017</b>	<b>July 2017</b>	<b>Aug 2017</b>	<b>Sept 2017</b>
Alison John	00:18:45	00:18:28			00:17:58	00:17:22
Andrew Culver		00:15:37			00:16:28	
Andy Davies				00:14:24		
Andy Lambert	00:13:04		00:12:49	00:13:23	00:13:33	
Ann Marie Butler	00:23:25	00:22:52				
Anne Porritt	00:17:05	00:17:37		00:17:31	00:17:11	00:17:28
Anne Unseld		00:15:30	00:15:44		00:15:41	
Anne Wharton	00:17:13	00:16:29	00:17:01	00:16:56	00:16:47	00:16:51
Antoinette Whitfield	00:18:32	00:18:27				00:17:31
Barbara Baker	00:17:49		00:17:36	00:17:08	00:17:34	
Belinda Bridge	00:18:37		00:17:51	00:19:47	00:18:01	
Bernadette Fry	00:18:37	00:17:42				
Betty Foggitt		00:16:38	00:15:37		00:15:15	00:15:39
Bridget Macedonski		00:14:24		00:13:59	00:13:51	00:13:55
Caleb Urbany-Welch	00:15:06					
Caroline Hone	00:21:20	00:20:40		00:19:50	00:18:58	
Catherine Shawyer	00:15:31					
Chris Read		00:13:40	00:14:02	00:13:32	00:13:23	00:13:28
Clare Unwin	00:21:10	00:20:19	00:20:37			00:19:39
David Cannon					00:18:06	
Dee Halil	00:21:30	00:21:01				
Emily Toynton			00:19:16	00:18:58	00:18:17	00:18:24
Emma D'Almeida	00:18:41	00:17:37	00:17:23	00:17:34		00:17:16
Fiona Freal	00:21:20				00:17:39	
Fiona Hemsley			00:16:15	00:15:28	00:15:44	00:18:42
Frances Hooper	00:21:00		00:18:29	00:17:45		00:17:38
Gareth Dowling		00:14:44				
Gary Blunt	00:18:09	00:17:25	00:17:31	00:18:03	00:18:16	00:18:01
Geraldine Cahill	00:23:45					
Geraldine Turner	00:21:52	00:20:59				
Han Sun						00:14:18
Jackie Ganley		00:17:41	00:16:51	00:17:35		
Jane Bradshaw				00:12:07		
Janette Burnard	00:16:31	00:16:49	00:16:42			
Jason Short					00:13:09	
Jeanette Elven	00:18:30	00:18:23		00:18:05	00:19:03	
Jill Cozens	00:18:22			00:17:41		
Jo Kurtelli				00:19:49		
Joan Allen	00:17:20	00:17:50	00:17:30	00:17:07	00:16:56	00:16:50
John Soper	00:19:08	00:19:00	00:19:18	00:18:20		
Jonathan Pegg					00:19:34	00:18:27
Karen Samuel	00:20:42	00:17:23	00:17:03	00:17:01	00:17:17	00:17:30
Leire Unceta	00:21:10	00:20:12		00:17:49		
Les Humphrey		00:20:07	00:19:21	00:19:09	00:19:21	00:18:55
Liz Davies	00:15:15	00:15:27		00:15:36		
Lynette Thomas			00:17:26			
Marcus Elwes	00:11:56					00:14:59
Marijana Urbany	00:14:13	00:17:49		00:14:31		00:14:36
Matt Bullen	00:12:48					

Natalie Price	00:17:43	00:17:53	00:17:31	00:17:19	00:17:04	00:17:20
Nicky Jacob		00:20:36				
Nigel Bulmer		00:13:46	00:13:28	00:13:27	00:13:22	00:13:03
Pat Cliff			00:20:30		00:20:24	00:19:32
Pat Morton	00:19:34		00:19:08			
Paul Cregg					00:15:01	
Paul Hemsley	00:14:33	00:14:39	00:14:26	00:14:25	00:14:29	00:15:00
Pauline Emerson	00:23:45		00:23:09			
Ray Chapman	00:12:43					
Rebecca Hassett		00:15:40				
Rebecca Mansell		00:21:26		00:18:30		
Rebecca Pizer		00:16:11		00:16:21		
Rob Brown		00:12:29	00:12:35			00:12:13
Roger Harris	00:14:55	00:15:02	00:14:48	00:14:48	00:16:06	00:15:18
Roy Tait		00:13:41	00:13:52	00:13:11		
Salima Merali		00:20:02	00:18:23	00:18:15		00:17:52
Sam Hemsley					00:13:18	
Sam Herelle	00:26:47					
Sarah Regan	00:13:58	00:14:22				
Simon Cowie		00:16:40	00:16:07	00:15:44	00:18:09	00:15:58
Simon Narracott	00:14:31			00:14:26		
Simon Powell		00:15:22	00:14:47	00:14:27	00:14:27	00:14:22
Soheel Bhandari			00:14:41		00:14:33	00:14:09
Stephen Stringer	00:14:24					00:15:06
Steve Smith	00:13:46		00:14:02	00:13:55	00:13:32	00:13:21
Sue Stevens	00:17:32	00:17:28	00:17:29	00:17:16	00:17:18	00:16:41
Tony Unseld	00:15:37			00:16:16	00:15:37	
Val Hassett				00:18:40		
Wellington Chingwaro				00:16:54	00:14:59	
Wendy Butcher	00:20:38	00:20:43			00:19:41	00:19:25
Yevgenij Kazanov				00:13:39	00:13:30	
Zoe Moore	00:25:35	00:24:25		00:23:44	00:23:54	00:23:14